

Rigging & Lifting Refresher

Practical Training Course

1 Day

Overview: This course has been designed to update delegates on legislation and regulations applicable to lifting operations, lifting appliances and accessories. The course also covers planning, risk assessment and includes practical rigging scenarios to test the theory.

Contents:

- Updates on current legislation and regulations (LOLER etc.)
- Hse guidance / safety requirements
- Planning rigging operations and risk assessment
- Practical lifting exercises
- Written assessment

Who will benefit: Delegates who are involved in any type of rigging or lifting operations, especially those who qualified prior to the introduction of LOLER.



Structure: The course begins and ends with a written test paper and the successful delegates are issued with an NSL certificate of training.



Details: This course is usually delivered at an NSL Training Centre, but can be delivered at a client's premises.



Course handouts: The International Rigging & Lifting Handbook.



PPE required: Coveralls, hard hat, safety boots and gloves.



Note: This course is physically demanding. Delegates are recommended to take towels and a change of clothes as shower facilities are available.

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