

Work At Height & Rescue Refresher

Practical Training Course

1 Day

Overview: This course is designed to enable clients to provide refresher training for personnel who have attended a 2-day Work at Height & Rescue Specific course and those who have not been able to use or train with an NSL rescue system within the last 12 months.

Contents:

- Determining Safe And Suitable Anchors
- Vertical Recovery Of Casualty By Raising
- Vertical Recovery Of Casualty By Lowering
- Recovery Adjacent To Casualty
- Use Of Stretchers

Who will benefit: Those who have completed the 2-day Work at Height & Rescue Specific course, and those who have not had the opportunity to use or train with the rescue equipment within the past 12 months. This would include oilfield personnel, Scaffolders, steel erectors, riggers, steplejacks, electricity and telecommunications workers.



Structure: The course is structured to provide refresher training specific to the rescue system used by the client.



Details: This course is usually delivered at an NSL Training Centre, but can be delivered at a client's premises.



Course handouts: The International Working at Height Handbook.



PPE required: Coveralls, hard hat, safety boots and gloves. This course is physically demanding. Delegates are recommended to take towels and a change of clothes as shower facilities are available.



Note: When booking a Work at Height & Rescue course, please specify on which Rescue Kit you require training.



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