

Confined Space Entry & Rescue

Practical Training Course

2 Day

Overview: Working in confined spaces exposes employees to many potential hazards and risks, which, if not controlled, can have fatal consequences. For that reason, only competent personnel should carry out work in confined spaces. Personnel must have the knowledge to suitably control and mitigate the hazards presented to them; have a sound understanding of the various roles undertaken in confined space work; and the knowledge and skills to implement emergency procedures should the need arise. The correct and safe use of breathing apparatus can also be taught during this course.

Contents:

- HSE Regulations
- Hazards & Risks within a Confined Space
- Atmospheric Testing
- Ventilation Options
- Safe Systems of Work & Permits
- Entry Requirements
- Duties of Attendant (standby person)
- Emergency Planning
- Safety Equipment
- Practical Demonstration & Exercises in Rescue
- Packaging & Transferring Casualties
- Use of Breathing Apparatus
- Multi Exercise Scenarios

Who will benefit: Personnel who require an awareness of working in confined spaces. All personnel working in, and who carry out duties related to, confined spaces.



Structure: Both the 1 & 2 day courses include a final written questionnaire to measure and record knowledge and understanding. Successful delegates are issued with an NSL certificate of training.



Details: This course is usually delivered at an NSL Training Centre, but can be delivered at a client's premises.



Course Handouts: Working at Height Handbook



PPE required: Coveralls, hard hat, safety boots and gloves.



Note: It is the responsibility of the employer or delegate to assess the delegates' health and fitness to safely attend this course.

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